

# Title Page Template

**Title**  
**(90 characters or less)**

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**Clinical Trial Registration:** (Registry name, registration number, and web link to study on registry; if any)

**Content Specifications (For Reviews Only):**  
**(Follow format below)**

Identify which sports are appropriate for athletes with various conditions that may limit sports participation (5816)

Recognize the effects of a febrile illness on sports participation (1546)

Recognize the cardiac risks associated with sports participation and when cardiac evaluation is required (815, 1547, 4098)

**Practice Gap(s) or Education Gap(s) (for Reviews only):**  
**(Follow format below)**

Only 37% of pediatricians reported knowledge of the PPE Monograph<sup>1</sup> in a 2014 study<sup>2</sup>, and the majority felt the lack of a standardized approach was an obstacle to performing the PPE. Clinicians should be aware of current guidelines for performing a pre-participation history and physical examination and identify children and adolescents who may be at increased risk from sport participation.

**Learning Objectives (for Reviews only):**  
**(follow format below)**

1. Recognize the cardiac risks associated with sport participation and when additional cardiac evaluation is required.
2. Understand the importance of assessing and documenting neurocognitive function prior to sport participation.

**Abbreviations:** (Necessary for any term used 3 or more times. Follow format below)

AAP – American Academy of Pediatrics

AAS – Anabolic-androgenic steroids

AHA – American Heart Association

BP – blood pressure