Injury, Violence & Poison Prevention

Spring into a new study on trampoline injuries in recreational parks vs home setups
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Much has been published in our journal and others regarding the dangers of home trampoline injuries, but little data has been available on injuries occurring in those recreational trampoline parks that seem to be increasing in numbers around this country. Kasmire et al. (peds.2016-1236) used national injury surveillance data to compare trampoline park injuries with those occurring on home trampolines.

The increase in the number of trampoline park injuries from 581 in 2010 to 6,932 in 2014 as reported in this study without comparable increase in home injuries speaks to the rapid growth of these community trampoline facilities. As to who is using them and what types of injuries result, you will have to jump into the findings and learn more than we can share in this blog. Suffice it to say, trampoline park injuries mean more hospital admissions and a need for better injury prevention strategies in these places.

Does your city or town have a recreational trampoline park and if so, are the injuries as common as reported in this study? Share your experience with trampoline injuries with a response to this blog, a comment on our website, or a posting on our Twitter and Facebook sites. Hopefully as a result of reading this study, new ideas for prevention of trampoline injuries in these parks will bounce forward in your minds and start to reduce the injury statistics so self-evident in this descriptive study.

Further Reading
- Playground Safety and Quality in Chicago
- Return to Play
- Pediatrics on Facebook
- Pediatrics on Twitter