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## For Your Information

### Children's Mental Health Awareness Day

May 8 is National Children's Mental Health Awareness Day, an initiative of the Substance Abuse and Mental Health Services Administration (SAMHSA).

The goal is to raise awareness that positive mental health is essential to a child's healthy development from birth. The focus this year is on the unique needs of young adults ages 16-25 with mental health challenges and the value of peer support in building resilience in the four life domains: housing, education, employment and health care access.

Following are resources for pediatricians:

- Display posters available in English and Spanish printed with: "Mom! Dad! Ask about my emotional development, too!" developed by the Academy, <http://bit.ly/1kk6WR8>.
- Inform patients in foster care who are 18 years of age to sign up for Medicaid coverage up to age 26, <http://bit.ly/1hcr04c>.
- Find AAP resources on mental health topics for patients of all ages, <http://bit.ly/1kk8dYg>.
- Visit the National Children's Mental Health Awareness Day site at [www.samhsa.gov/children/national.asp](http://www.samhsa.gov/children/national.asp).

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