



DEDICATED TO THE  
HEALTH OF ALL CHILDREN

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## For Your Information

### Participate in Mental Health Day

National Children's Mental Health Awareness Day, May 9, seeks to raise consciousness of how positive mental health is essential to a child's healthy development from birth.

This year's focus is on the importance of social connectedness in building resilience in young adults ages 16 to 24 years old with mental health and substance use challenges. A special emphasis will be placed on employment, education, housing and accessing health care services.

The Academy is a partner in the day, led by the Substance Abuse and Mental Health Services Administration (SAMHSA). Pediatricians can help promote early recognition of mental health needs throughout the month.

Access the AAP website, [www.aap.org](http://www.aap.org), to find materials for pediatricians, the community and parents. Pediatricians also can share the *AAP News* Parent Plus on mental health screening for teens at <http://aapnews.aappublications.org/content/34/2/27.4.full>.

Additional Children's Mental Health Awareness Day information is available on the SAMHSA website, <http://www.samhsa.gov/children/>.

