Keynoter to Describe How Nurturance Shapes Our Patients, Ourselves

by Carla Kemp, Senior Editor

Editor's note: The 2017 AAP National Conference & Exhibition will take place from Sept. 16-19 in Chicago.

Drawing on her experience as a clinical psychologist, child advocate, immigrant and mother, Luz Towns-Miranda, PhD, will describe what pediatricians can do to help parents nurture positive bonds with their children during her keynote address "We Get the Job Done: Attachment and Nurturance." Dr. Towns-Miranda will speak during the opening plenary session from 11:15-11:50 am Saturday in McCormick Place, Skyline Ballroom.

She will relate her experience raising her children, Lucecita and Lin-Manuel, and what their passions and successes have taught her about the unexpected connections among art, history, psychology and medicine.

From her family's immigrant roots to Lin-Manuel's Broadway hit Hamilton, Dr. Towns-Miranda will tell the story of how attachment and nurturance shape our patients - and ourselves - and what we can do to encourage the best possible outcomes for children and families.

Dr. Towns-Miranda has dedicated her career to helping achieve optimal outcomes for children who have been victims of trauma. She conducts custody evaluations for New York family and supreme courts and teaches about the impact of trauma on children.

In addition, she has served on the faculty of the Departments of Psychiatry and Social and Family Medicine at Albert Einstein College of Medicine and is a member of the Trauma Specialization Certification Program Committee of the Postdoctoral Program of Psychoanalysis and Psychotherapy at New York University.

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