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AAP News

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FYI: Teen drug, alcohol facts

by Trisha Koriath, Staff Writer

More than 35% of high school seniors have used alcohol, and 20% have used marijuana in the past month. Help shatter the myths about drug and alcohol use during National Drug and Alcohol Facts Week, Jan. 23-29.

The National Institute on Drug Abuse and National Institute on Alcohol Abuse and Alcoholism are offering free materials that pediatricians can share with teens. Order early - delivery may take two to four weeks.

- *Shatter the Myths* booklet answers frequently asked questions about drugs and drug abuse in English and Spanish, <http://bit.ly/2gcAh72>.
- *Marijuana: Facts for Teens* explains harmful effects, <http://bit.ly/2h7nP5N>.
- *Family Checkup: Positive Parenting Prevents Drug Abuse* gives parents skills to help keep kids drug-free, <http://bit.ly/2gIAYFA>.

For more information, visit <https://teens.drugabuse.gov/national-drug-alcohol-facts-week>, email drugfacts@nida.nih.gov or call 301-443-1124. Find practice resource links on the AAP Committee on Substance Use and Prevention webpage at <http://bit.ly/2gcBxXv>.