



THE OFFICIAL NEWSMAGAZINE OF THE AMERICAN ACADEMY OF PEDIATRICS

AAP News

Volume 31 • Number 11
November 2010
www.aapnews.org

Health Alerts

Infant sleep positioners pose suffocation risk

The Consumer Product Safety Commission (CPSC) and Food and Drug Administration (FDA) are warning caregivers not to place infants to sleep on sleep positioners because infants can suffocate if they roll up against the side of the positioner.

More than a dozen infants have suffocated while lying on sleep positioners, according to the CPSC.

Many sleep positioners feature bolsters attached to each side of a thin mat and wedges to elevate the baby's head. They are intended to keep a baby in a desired position while sleeping and often are used with infants under 6 months old.

Caregivers should stop using positioning products and never put pillows, sleep positioners, comforters or quilts under a baby or in the crib. Babies should be placed on their backs to sleep.

Report incidents or injuries from an infant sleep positioner to the CPSC at www.cpsc.gov/cgibin/incident.aspx, 800-638-2772 or to FDA's MedWatch program at www.fda.gov/medwatch.